



Like a lot of life's important decisions, sometimes we just need a little help making up our minds. The Senior Health Insurance Counseling (SHIC) program staff and volunteers will help you with any questions you may have regarding long-term care insurance

and whether or not you should purchase a policy. Please call the SHIC program today - we're here to help!



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### WHO CAN HELP ME?

In North Dakota you can call:

### FOR MEDICAID

Contact your County Social Services Offices.

### FOR MEDICARE

Call Senior Health Insurance Counseling (SHIC) in the North Dakota Insurance Department at 1-888-575-6611 or **call 1-800-medicare.**

### FOR LONG-TERM CARE INSURANCE

Call your local life and health insurance agent. Or, call the Senior Health Insurance Counseling (SHIC) program in the North Dakota Insurance Department at **1-888-575-6611.**

NORTH  
DAKOTA

a program of the  
North Dakota  
Insurance Department

**SHIC**  
Senior Health  
Insurance Counseling

**1-888-575-6611**

### North Dakota Insurance Department

Department 401  
600 East Boulevard  
Bismarck, ND 58505-0320



To find out whether or not you should purchase a long-term care insurance policy, please call the ND Insurance Department toll-free at 1-888-575-6611

# Questions about Long-Term Care?

## The North Dakota Insurance Department may be able to help.

*The decision to purchase long-term care insurance is very important and should not be rushed.*

The Senior Health Insurance Counseling (SHIC) program, which is part of the North Dakota Insurance Department, may be able to help make this decision just a bit easier for you.

We have trained, volunteer counselors who are not affiliated with any insurance company or product ready to answer your questions and help you make the best decision for your unique situation.